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Saturday, November 30

Charlevoix County News

October 24, 2013

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14 | 20

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Trick-or-Treating in Charlevoix County

CHARLEVOIX COUNTY—Whether you visit a parking lot filled with costumed parents distributing candy from decorated trunks, traditional door to door Trick or Treating or intend to attend some spooky family fun events, Halloween falls on a Thursday this year and local communities have set trick-or-treating times to keep everything uniform.

Boyne City

Boyne City will be kicking off Trick or Treating with a Halloween Parade starting at 4:30 P.M. With Trick or Treating immediately following until 8 P.M. Parade lineup starts at 4 P.M. along Pine Street. While going door to door young and old alike are invited to stop into the red barn adjacent to the Boyne District Library on Park Street for the Boyne City Firefighters Association haunted house anytime from 5-8 P.M. There is no admission charge, but donations will be accepted. Consecutive Halloween Parties and costume contests will be held at the Cafe Sante with costume registration from 5:30-6:30 P.M. And judging at 7 P.M. and Red Mesa Grill with costume registration from 7-8:30 P.M. and costume judging at 9.

East Jordan

East Jordan and the surrounding area has Trick-or-Treating scheduled from 5-8 P.M. The United Methodist Church at 201 Fourth St. is offering kids a quick way to load up on the candy without putting on all the miles at a "Trunk or Treat," from 5-7 P.M. A "Hallelujah Night" is planned from 6-8 P.M. at the Harvest Barn Word of Life Church at 210 S. Lake St. Candy and games will be part of this child-focused event. At the Civic Center downtown the Ultimate Indoor Trick or Treat event is hosted annually by the outreach ministry of Bible Baptist Church of Charlevoix. The carnival midway event runs from 6 P.M. to 8 P.M. is free, and features cotton candy, hot pretzels, hot dogs, funnel cakes and of course, candy.

Charlevoix

Charlevoix Trick or Treating will be held from 6-8 P.M. Then everyone is invited to the Spook Swim at the Charlevoix pool. A Halloween themed open swim that includes Pizza, spooky décor, music, and games. "It's a great alternative for families for after trick or treating," said Charlevoix Chamber of Commerce receptionist, Brooke Gawlinski. The evening costs \$5 per person or \$20 per family.

Elsewhere

Boyne Falls, Walloon Lake, Horton Bay, Bay Shore, Beaver Island, Advance, Ironton, and Norwood have Trick or Treating from 5-8 P.M.

Passport Fair at local post offices

Planning a trip out of the country soon? Do you have your passport? The U. S. Postal Service will be helping by hosting Passport Fairs during the week of October 19 - Nov 2, 2013.

The Postal Service has made it more convenient for customers to travel internationally by promoting passport application services that are available at over 100 postal locations in Michigan. As of June 1, 2009, U.S. Citizens entering or re-entering the United States will need a valid Passport.

The Post Office always recommends coming in as early as possible before your departure to apply for a passport — at least three months or earlier— to avoid any extra costs to expedite an application.

Customers can call 800-ASK-USPS to get the location of other passport Post Offices and their passport customer service hours, or they can visit the State Department's web site at .

Passport fees are as follows:
Adult Passport Book (Age 16 and over) - Passport Fee \$110 + Acceptance Fee \$25 = \$135

These area Post Offices will hold their Passport Fairs

EAST JORDAN
103 2nd St., East Jordan
231-536-7311
Monday, 10/28 • 9:00-4:00

BOYNE CITY
301 Water St., Boyne City
231-582-9941
Saturday, 11/2 • 10:00-3:00

(Passport Fee must be in form of check or Money Order and made payable to Department of State)

Minor Passport Book (Age 15 and under)- Passport Fee \$80 + Acceptance Fee \$25 = \$105
(Passport Fee must be in form of check or Money Order and made payable to Department of State)
For Expedited passport service, \$72.72 should be added for each application, payable to the State Department. Two-way overnight delivery is strongly encouraged.
To help the Passport Fair application process go smoothly and efficiently, the Postal Service recommends the following:

- ☐ Bring in proper proof of American citizenship. This must be either: a certified birth certificate issued by the city, county or state; a previous U.S. passport; a certificate of citizenship; or a naturalization certificate. (Please note: a hospital-issued birth certificate alone is not acceptable.)
- ☐ Bring in proof of identity. This must be either: a previous U.S. passport; a naturalization certificate; a certificate of citizenship; or a current valid driver's license, government ID or military photo ID.
- ☐ Both parents must accompany any child (or children) applying for a passport.
- ☐ The passport application requires two recent identical photographs of you, which the Passport fair sites will take for a fee of \$15.00 each.
- ☐ To save time, you can download a passport application at to complete your application beforehand.

BOYNE CITY COMMISSION
OCT. 22, 2013

Non-Profits Benefit from Boyne Thunder

By Tina Sundelius

BOYNE CITY—Two public hearings to gather public comment on work completed in the downtown and South Park Street areas were held with no public input received, commissioners took another step forward on the park pavilion project and a public hearing was set to create policy and discuss gates at the Maple Lawn Cemetery at the October 22 Boyne City Commission meeting.

Public hearings were held to field questions and comments concerning work done with funds supplied through two federally funded grants. A MEDC Community Grant was used to refurbish the facades of two downtown businesses, Country Provisions and Radio Shack. The federal funds were earmarked to assist owners of historically significant property, \$181,428 were provided through the grant with another \$71,880 in matching funds from the business owners. "I believe the improvements to radio Shack and Country Provisions has greatly improved the downtown area," commented Commissioner Gene Towne. A DIG Grant was used to complete the South Park Street infrastructure project this past spring. "Having the power lines buried does open things up down there a bit," said Commissioner Derek Gaylord. There was no public comment. "Another job well done," added Commissioner Tom Neidhamer.

See Boyne City Commission—2A

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FRIDAY



HIGH: Mid 40's
LOW: Low 30's

SATURDAY



HIGH: Mid 40's
LOW: Low 30's

SUNDAY



HIGH: Mid 40's
LOW: Low 30's

MONDAY



HIGH: Mid 40's
LOW: Mid 30's

TUESDAY



HIGH: Mid 40's
LOW: Mid 30's

record temps

Day	Avg.	High	Avg.	Low	Record High	Record Low
24	57°F	36°F	76°F	(1975)	24°F	(1969)
25	56°F	35°F	77°F	(1989)	23°F	(1952)
26	56°F	35°F	77°F	(1989)	20°F	(1990)
27	55°F	35°F	77°F	(1989)	21°F	(1965)
28	55°F	35°F	77°F	(1989)	20°F	(1990)
29	54°F	34°F	75°F	(1989)	17°F	(1965)
3	54°F	34°F	73°F	(1956)	19°F	(1966)

OBITUARIES

Kenneth W. Hayden, 56

(Dec. 7, 1956 - Oct. 19, 2013)
Kenneth W. Hayden of Clio died Saturday, Oct. 19, 2013.

Ken was born Dec. 7, 1956, in Flint, the son of John and Frances Hayden. He lived in the Clio area most of his life.

Mr. Hayden retired from Delphi in 2006 with 30 years seniority. He was a member of the UAW and the NRA.

Ken enjoyed hunting and fishing. Ken was a driver and builder of race cars for more than 35 years and was active at Dixie Motor Speedway and Auto City Speedway.

Surviving are sons, Kyle (Jamie) Hayden, Curtis Hayden, all of Clio; mother, Frances Hayden, of Boyne City; brothers, Edward Hayden and Robert (Wendy) Hayden, all of Clio; nieces and nephews. He was preceded in death by his father, John Hayden, in 1991; infant brother, John Hayden; and his first wife, Jana Hayden.

The funeral service will be 11 a.m. Thursday, Oct. 24, at the O'Guinn Family Funeral Home in Clio. Burial will follow in Flint Memorial Park. Friends may call noon-4 p.m. and 6-8 p.m. Wednesday, Oct. 23, and from 10 a.m. until the time of service on Thursday, Oct. 23, at the funeral home.

Contributions may be made to the Brad Keselowski Checkered Flag Foundation.

Sign the guest book or share an online condolence with the family at www.oguinnfh.com.

Hazel M. Trimble, 98

(March 15, 1915 - Oct. 20, 2013)
Hazel M. Trimble of Charlevoix died Sunday, Oct. 20, 2013, at Boulder Park Terrace in Charlevoix. She was born March 15, 1915, in

Charlevoix, the daughter of Daniel and Ethel M. (Shearer) Potter. She attended Charlevoix High School.

On Jan. 11, 1941, in Charlevoix, she married Rodney H. Trimble. They made their home in Lake Orion where Mr. Trimble was a self-employed carpenter. They returned to Charlevoix in 1990. He preceded her in death on March 14, 1998.

She was a member of the Order of Eastern Star No. 348 in Lake Orion, Barnard Grange No. 689 and Charlevoix United Methodist. Hazel enjoyed camping and traveling.

She is survived by daughters, Audrey Trimble of Charlevoix, Lorraine "Sue" and her husband, Jim DeNeen, of Alger, Mich., and Jayne and her husband, Michael Chamorro, of Lake Orion; son, Rodger Trimble, of Georgia; daughter-in-law, Kay Trimble, of Australia, seven grandchildren and 10 great-grandchildren. She was also preceded in death by a son, Robert Trimble, on Jan. 11, 2010.

The funeral service will be 1 p.m. Thursday, Oct. 24, at the Winchester Funeral Home in Charlevoix. The Rev. Gregory Culver will officiate with interment following at Barnard Cemetery, Charlevoix.

The family will receive friends 6-8 p.m. Wednesday, Oct. 23, at the Winchester Funeral Home in Charlevoix.

Memorials may be directed to the Barnard Grange No. 689 or the American Cancer Society.

Leslie F. Boe, 91

Leslie F. Boe of Boyne City passed away Monday, Oct. 21, 2013, at Grandvue Medical Care Facility.

A memorial service for Leslie will be 1 p.m. Saturday, Nov. 2, at the First Presbyterian Church in Boyne City.

Stacks Funeral Home of Boyne City is serving the family.

Mary E. Foster, 97

(July 25, 1916 - Sept. 16, 2013)
Mary E. Foster of Charlevoix passed away Sept. 16, 2013, in Charlevoix.

She was born July 25, 1916, in Birmingham, the daughter of Verne S. and Nara Ethel (Bailey) Aldrich.

On Dec. 1, 1935, she married Jesse L. "Jack" Foster in Highland Park. They made their home in Okemos, and after retiring moved to Lake Ann and Holiday, Fla. In 1998, they moved to Charlevoix.

Mary was past worthy matron of O.E.S. Chapter 267, and a member of the United Presbyterian Church in Okemos. In Charlevoix, she belonged to the Charlevoix United Methodist Church, sang in the church choir, volunteered with the Community Lunch Program, and at the Rainbow Shoppe.

Mary is survived by her children, Dalton "Don" (Sandra) Foster of Grand Rapids, David Lee (Barbara) Foster of South Bend, Ind.; daughters, Judith Anne (Charles) Detering of Holt, Robin (Randy) Maurer of Charlevoix; many grandchildren and great-grandchildren. Jack preceded her in death on Oct. 17, 2010.

A memorial service will be 11 a.m. Saturday, Oct. 26, at the Charlevoix United Methodist Church, with the Rev. Greg Culver officiating.

Memorial contributions may be made to the Circle of Strength, c/o Charlevoix Area Hospital, 14700 Lakeshore Drive, Charlevoix, MI 49720; or to the Charlevoix United Methodist Church, 104 State St., Charlevoix, MI 49720.

Sign Mary's guestbook at www.winchesterfuneralhome.com.

Robert R. Byar, 89

(May 8, 1924 - Oct. 18, 2013)
Robert R. Byar of East Jordan died Friday, Oct. 18, 2013, at

Charlevoix Area Hospital.

He was born on May 8, 1924, in Lakewood, Ohio, the son of Frederick and Alice (Russell) Byar. He graduated from Bay Village High School in 1941, and Purdue University in 1949, as a mechanical engineer.

Robert was employed by the Eaton Corporation and retired in 1989.

He served in the United States Army Air Force during World War II from 1942-1945. Awards and decorations: Distinguished Flying Cross, Air Medal W/6 Oak Leaf Clusters, Laurence B. Kelly Air Medal, Good Conduct Medal and various Campaigns Ribbons.

On June 19, 1946, in Bay Village, Ohio, he married Patricia Pinney. She preceded him in death on March 7, 2013.

He is survived by five children, Gary R. (Margaret) Byar of Traverse City, Mark Byar of Grand Rapids, Jan Marie Byar of Pinckney, Leslie Ann Zdanowski of Chelsea and Craig (Cindy) Byar of Castle Rock, Colo.; 16 grandchildren; 11 great-grandchildren; and one sister, Joan Byar of Deltona, Fla. He was also preceded in death by his parents and an infant daughter, Gale Byar.

Robert enjoyed fishing, hunting, boating, snowmobiling and spending his time with his family on Lake Charlevoix. He served as the treasurer of Charlevoix Rod and Gun Club for many years.

A memorial service will take place at a later date to be announced.

The family was served by the Penzien Funeral Homes Inc. in East Jordan.

Paul E. Simmons, 90

(JUNE 24, 1923 - OCT. 12, 2013)

Paul E. Simmons of Charlevoix passed away Saturday, Oct. 12, 2013, at Independence Village in Petoskey.

He was born June 24, 1923, to Leland and Opal (Baldauf) Simmons. He enlisted in the U.S.

Army Air Corps in 1942, during World War II, being discharged in 1946.

Paul went to work at Marion Power and Shovel Company in Marion, Ohio. Transferring to the Marion Engineering Depot in 1950 and in 1961, he was transferred to the Granite City, Ill., Army Depot. In 1967, he transferred to U.S. Army troop support and Aviation Material Readiness Command, retiring Jan. 9, 1981.

He was a member of Zion Lutheran Church in Petoskey.

Paul was preceded in death by his beloved wife, Arlene, in 2010; and by his parents, Leland R. and Opal (Baldauf) Simmons; sister, Grace Virginia; brothers, Robert and Art. He is survived by one sister-in-law, Dorothy (Robert) Simmons, of Marion, Ohio; two sons, Mike (Kathy) Simmons of Grants Pass, Ore., Mark (Wendy) Simmons of Petoskey; grandchildren, Larry (Darlene) Swanger, Brad (Laura) Simmons, Alaina (Chris) Farrington, Daryl (Lani) Simmons, Zachary (Karen) Simmons, Gregory Bruneel; great-grandchildren, Brett and Lauryr Swanger, Dylan and Tyler Simmons, Lilly Freeman, Olivia and Grant Farrington, Colton Simmons, Brayden and Barrett Simmons, Skyler Bruneel.

The funeral will be 11 a.m. Friday, Oct. 25, at Zion Lutheran Church in Petoskey, with the Rev. Ron Moritz officiating. Visitation will be 6-8 p.m. Thursday, Oct. 24, at Winchester Funeral Home in Charlevoix. Paul's family will receive friends on Friday, Oct. 25, from 10 a.m. until the time of the funeral at Zion Lutheran Church. Interment will be at Brookside Cemetery, Charlevoix.

In lieu of flowers, memorial donations may be made to Zion Lutheran Church, 500 W. Mitchell, Petoskey, MI 49770; or Charlevoix County Humane Society, 614 Beardsley, Boyne City, MI 49712.

Sign Paul's guestbook at www.winchesterfuneralhome.com.

Boyer City Commission

continued from 1A

Engineering firm, Environment Architects, of Traverse City was recommended by the park pavilion committee to develop architectural designs and cost estimates for the expansion and retrofit of the Veterans Park Pavilion into a multi-use year round structure. The city has been awarded a \$12,500 Michigan Economic Development Corporation Grant which requires a dollar for dollar match to assist with the project. The commission approved hiring the firm at a cost of \$7,500 to complete the first phase of the project.

A public hearing was set to discuss the prospect of placing gates at the Maple Lawn Cemetery. Since 2007, in a four phase project, \$153,954 in fencing has been placed around the cemetery. Phase one provided 1500 feet of chain link fence. Phases two, three and four provided ornamental fence installed along Boyne Avenue then west on Division Street connecting to the chain



Mayor Ron Grunch and Main Street President Hugh Conklin presented Jeff Wellman of Re/Max representing Camp Quality and Mike Hurchick, Executive Director of Challenge Mountain with checks from the Boyne Thunder Annual Benefit Boating Event which brought in \$189,255 overall. Camp Quality received \$42,066, Challenge Mountain received \$7,644.

link fence. Fundraising efforts have supplied \$11,800 and another \$10,308 has been donated for the placement of gates. "Before we go ahead and buy some gates we have to decide how we're going to use them and if we're going to use them," said City Manager Michael Cain. The commission agreed that related issues like the rules and regulation as well as hours of operation had to be set in place before money is spent on gates. "I want to hear from people who have loved ones buried there," said Commissioner Derek Gaylord. "People who visit the cemetery will have more impact and concerns," agreed Commissioner Laura Sansom. A public hearing will be held before any action on the gates is taken.

Mayor Ron Grunch and Main Street President Hugh Conklin presented Jeff Wellman of Re/Max representing Camp Quality and Mike Hurchick, Executive Director of Challenge Mountain with checks from the Boyne Thunder Annual Benefit Boating Event which brought in \$189,255 overall. Camp Quality received \$42,066, Challenge Mountain received \$7,644. "This has proven to be not only a great economic engine for Boyne City but also a great community event," said Conklin.

In his report to the City Commissioners Ann Zdanowski Michael

Cain stated that the training burn of the house on the corner of Pleasant and Trent Streets was a success and that the "hole should be filled in soon." He also reported that anyone desiring to be a part of the subcommittee for the formation of a community dog park can pick up an application at City Hall until Monday, October 28 and the rescheduled horse ride has been rescheduled again because of poor weather. The rides will take place Sunday, October 27. Please call City Hall with any inquiries.

Commissioners appointed three members to the Historic District Commission. Jeff Wellman and Chris Bandy were reappointed and Chris Glass was newly appointed, all with three year terms ending November 30, 2016.

Trick or Treat hours have been set for 5 P.M. to 8 P.M. on Thursday October 31.

City Hall will be open on Saturday, November 2 from 9 A.M. until 2 P.M. to issue and receive absentee ballots.

The general election will be held Tuesday, November 5, and polls will be open from 7 A.M. until 8 P.M.

The next regular City Commission meeting is scheduled for Tuesday, November 12 at 7 P.M.

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News

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Mrs. Lisa Clavier presenting North Country Community Mental Health Director Alexis Kaczynski with a check for \$7,154.70, proceeds from the "Kiersten's Ride" fundraiser, held on August 17. Money raised will be used for suicide prevention activities in the area. Shown (l-r): (Front) Alexis Kaczynski (North Country CMH Director), Lisa Clavier, Crystal Clavier, Stephanie (Clavier) Fuller. (Back) David Clavier, Beau Fuller, Kent Clavier, Mike Lucido (North Country CMH Office Supervisor)

Kiersten's Ride Raises Over \$7000 for Suicide Prevention

The inaugural Kiersten's Ride event, a 12-mile horse ride held in August in memory of local teen Kiersten Clavier, raised over \$7000 for North Country Community Mental Health suicide prevention programs in Charlevoix and Emmet Counties.

The event was hosted by the Clavier family and friends in memory of Kiersten Clavier, who died at age 17 in August 2012. She was the daughter of David and Lisa Clavier of East Jordan.

The family hopes Kiersten's Ride will become an annual, weekend-long event.

Alexis Kaczynski, North Country Community Mental Health Director, said, "Donations will be devoted to local mental health awareness initiatives. Funds will support programming developed through our organization and a collaborative suicide prevention workgroup facilitated by the Human Services Coordinating Body of Charlevoix and Emmet Counties."

North Country Community Mental Health provides behavioral health services to residents of six Northern Michigan counties and served over 4,000 people in 2012, including 845 children. For more information about North Country Community Mental Health, visit .

Committee Members Needed

The City of Boyne City is looking for interested people to further explore the concept of a Dog Park in Boyne City. The committee will research all aspects of the proposed project, seek public input and review information to make recommendations to appropriate City boards and commissions. Once a committee is formed; they will tap into the community for volunteers to assist with research, fund-raising, public relations, construction volunteers and other talents that may be helpful in further exploration and implementation of this proposed project.

Applications of interest to serve on the volunteer advisory committee are due by noon on Monday, October 28, 2013 and are available at the Charlevoix County Humane Society, City Hall and a printable copy is posted on the City's website (cityof-boynecity.com) under "Forms-Permits & Applications".

Bergmann Center Mixed Media Exhibit at the Library

The Charlevoix Public Library is pleased to announce its newest exhibit: Bergmann Center Mixed Media. The exhibit is a compilation of the works that the Bergmann Center clients have been working on the past months, including painting, wood work, and sculpture. The exhibit will be on display in the community room foyer and the Michigan Room Display case through the end of the year. There will be an opening reception with refreshments to meet the artists 1:00 - 2:00 p.m., Friday, November 1 in the library's Community Room.

The Bergmann Center is a life skills building center for adults who are mentally and physically challenged. There are two facets to their program. The employment program includes on site job training with opportunities through sub-contracting with local industries, businesses, and the Resale Shop. The Community Program includes, volunteer opportunities, social and recreational Activities, community awareness, and daily living and survival skills. The Bergmann Center clients also have the opportunity to participate in the Charlevoix Kiwanis sponsored Aktion Club. For more information about the Bergmann Center, visit them at: bergmanncenter.org. For further information about library events visit: www.charlevoixlibrary.org.

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News

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Angie Linsenman (left), Transitional Supportive Housing Coordinator with the Women's Resource Center of Northern Michigan, sets up a Clothesline Project display with Neil Ahrens, Petoskey Public Library Facility Manager. The display features shirts designed by local women and children who are survivors of domestic abuse and sexual assault. During October, the WRCNM is displaying Clothesline Project shirts at a dozen libraries and financial institutions in Antrim, Charlevoix, Cheboygan, Emmet and Otsego counties as a part of National Domestic Violence Awareness Month.

Clothesline Project encourages healing and awareness

The Clothesline Project (CLP) is a worldwide program started in Massachusetts in 1990 to address the issue of violence against women. It is a way for women affected by violence to express their emotions by decorating a shirt. The shirts are hung on a clothesline to be viewed by others as testimony to the problem of violence against women. The Women's Resource Center of Northern Michigan (WRCNM) has created a Clothesline Project with shirts designed by local survivors of domestic abuse and sexual assault.

What is the purpose of the Clothesline Project?

It serves as an educational tool for those who view it.

It becomes a healing tool for anyone who makes a shirt - by hanging the shirt on the line, survivors, friends and family can literally turn their back

on some of the pain of their experience and walk away. It allows those suffering in silence to know they are not alone.

It honors survivors of sexual assault and domestic abuse, as well as those who lost their lives to this type of violence.

Women who have experienced such violence, at any time in their lives, are encouraged to come forward and design a shirt. Victim's families and friends are also invited to participate.

The very process of designing a shirt gives each woman a new voice with which to expose an often horrific and unspeakable experience that has dramatically altered the course of her life. Participating in this project provides a powerful step towards helping a survivor break through the shroud of silence that has

surrounded her experience.

During National Domestic Violence Awareness Month, the Women's Resource Center of Northern Michigan (WRCNM) will display shirts designed by women and children who are survivors of domestic abuse and sexual assault at several area libraries: Charlevoix Public, Cheboygan Public, Harbor Springs, Mancelona Township, Otsego and Petoskey District. Bay Winds Federal Credit Union branch offices will also display WRCNM Clothesline Project t-shirts October 17-25, and collect non-perishable items for the Safe Home.

For more information about this project, contact the Women's Resource Center of Northern Michigan at (231) 347-0067.

Grinding Through

By Jamie Woodall



We recently purchased a home and have been up to our ears in projects before the big move. The other day I borrowed a floor grinder to grind through thin-set stuck on concrete. Thin-set is the concrete mixture used to glue or cement tile pieces in place. The task was grinding cement off of concrete. What a job!

For several hours I pressed the lever and grinded the stuck-on thin-set into a powdery dust that filled the room. Smoke alarms went off, as white powder covered every part of me. At one point in time the floor was covered a half inch with grinded dust. It took some "elbow grease" and sweat to repeatedly push the orbital masonry wheel into the thin-set. Not a fun job, but it had to be done if we were going to lay some hardwood.

The whole job reminded me of times in life when we all have to simply "grind through" or we could choose to give up and walk away. Life is hard like that cement.

I remember a season when two of our kids were in diapers and the other two were hanging on the ceiling most nights, and that's without any sugar. Coming down for a drink of water happened every five minutes after eight o'clock. In other seasons of life good friends have walked away with no explanation. One time I lost a close friend. He was a sacrificial servant of God leaving behind three kids and wonderful wife. Although he endured cancer like a champion, it rocked my faith a bit. I had to grind through.

The grinder tool I use for life is the Scriptures. It centers me, focusing my mind on unchanging truths that apply to any situation at any time in life. One truth from scripture that really helps me when grinding through is found in Romans chapter five verses three and four. Paul writes to the Romans, "...but we also rejoice in our sufferings, because we know that suffering produces perseverance; perseverance character; and character hope. And hope does not disappoint us."

These verses teach that we can find great things even in our sufferings because ultimately our difficult times can lead to hope. If

I persevere or grind through challenging times, then I will grow in "character". Character is composed of moral qualities that help us do well in life such as honesty, courage, loyalty, compassion, or integrity. How do we grow into these qualities? It happens from learned responses to life-experiences with other people. These experiences are good, bad, and ugly.

When my son falls down and begins to cry, I usually give him a bear hug and say, "Wow buddy, you're getting stronger!" He believes it, and it's true. He cries less and less for attention after an incident. Each fall allows him the opportunity to grow through pain.

As our character grows, so does our confidence in being able to handle life better. As our confidence grows our hope grows. Hope is the expectation that greater things are yet to come. And hope doesn't disappoint. Hope energizes us. It lights up our worlds. Hope is what dreams are made of.

We can find hope in every shred of difficulty because of the truth these verses reveal.

The big question is, Will we choose to grind through, grow in character, and ultimately find hope? As a Christian, I call on God to help me grind through. There are times, when I want to give up. In those times I've learned to run to God as my Rock.

Are you enduring a challenging time in a particular area of life? Are you grinding through? Remember, suffering develops perseverance. Perseverance develops character in our lives. Character brings confidence that gives rise to hope. We can do it. We can make it. We can be over-comers in life! God can help us do it!

I'm praying right now for you reading who are enduring difficult marriages, difficult jobs, difficult losses, difficult relationships, or a difficult season of life. Here is my prayer: "God you there. You, God, will bring rise to hope for these community friends who grind through and call out to you for your personal help. Help them to trust you, and find great hope. Hope that does not disappoint."

Jamie Woodall is the pastor of Genesis Church in Boyne City that meets 11am Sundays at the Boyne City Elementary School cafeteria. Genesis Petoskey meets at Petoskey Middle School auditorium at 9:30am.

New owner at Eye Health of Charlevoix

Eye Health of Charlevoix and Drs. Robert and Kimberly Molter are pleased to announce the sale of the Charlevoix practice to Dr. Jon VanWagnen. The sale of the office was effective October 1st. Dr. Kim Molter will be staying on with the practice in a part-time capacity for the foreseeable future. Dr. Bob and Kim will remain living in Charlevoix and have no plans to move...we LOVE it here! Drs. Bob and Kim still have the practice in Kalkaska to

keep them busy, but plan to work a few days less with the sale of the busy Charlevoix office. Dr. VanWagnen has been with us for more than a year as an associate Dr. and has demonstrated exceptional ability in the field of optometry. Dr. Jon has been managing the Charlevoix office for the past six months. Drs. Bob and Kim encourage every one of our Charlevoix patients to stop in to meet Dr. VanWagnen, we are confident that Dr. Jon will

maintain the fine reputation of quality and service that Kim and I have endeavored to provide the community for the past fourteen years...yes fourteen, and it's gone by so quickly! Eye Health of Charlevoix was established in 1999. Dr. VanWagnen will be changing the name to The Charlevoix Eye Center in the coming months. For an appointment call 547-7800, or call just to wish Dr. VanWagnen congratulations.

CHX. COUNTY SHERIFFS DEPT.

October 7-13, 2013

911 Hang Up Call	3
Abandoned Vehicle	3
Abuse	0
Alarm	6
Animal Complaint	21
Annoyance	3
Assault	1
Assist Citizen	5
Assist Motorist	6
Assist Other Agency	10
Attempt to Locate	2
Attempted Suicide	1
Bank Alarm	0
Boating Accident	0
Boating Violation	1
Breaking & Entering	1
Car/Deer Accident	15
Citations Issued	7
Civil Complaint	3
Criminal Sexual Conduct	0
Death	0
Disorderly Person	0
Disturbance	0
DNR Complaint	1
Domestic Dispute	1
Driving Complaint	6
Fireworks Complaint	0
Found Property	1
Fraud	2
Health & Safety	1
Hit & Run	0
Intoxicated Person	1
Juvenile	1
Larceny	8
Lockout	6

Lost Property	1
Malicious Destruction of Property	2
Mental Subject	0
Minor In Possession	0
Miscellaneous Criminal	1
Missing Person	0
Noise Complaint	2
Operating Under the Influence	0
Paper Service	12
Parking Violation	0
Personal Injury Accident	2
Personal Protection Order	0
Private Property Accident	0
Property Check	29
Property Damage Accident	2
Prowler	1
Road Hazard	3
Stalking	0
Suspicious Situation	18
Threat	1
Traffic Stop	47
Trespassing	3
Unknown Accident	1
Unlawful Driving Away of Automobile	0
Vehicle in the Ditch	1
Violation of Controlled Substance Act	2

BOYNE CITY POLICE DEPT.

Monday, September 30, 2013

9:18am	Fraud complaint from the 300 block of Vogel St
10:23am	Civil dispute over Facebook postings
12:49am	Vehicle unlock in the 1200

block of Second St	3:02am	Well being check in the 300 block of E Division St
block of E Division St	3:23am	Arrested subject on warrant in the 300 block of N Lake St
block of N Lake St	3:44am	Vehicle unlock in the 200 block of S East St
block of S East St	3:46am	Civil dispute over property in the 400 block of E Division
block of E Division	4:51am	Suspicious situation in the 400 block of N Lake St
block of N Lake St	6:37am	Injured deer reported on Fall Park Rd near Diet
block of N Lake St	7:25am	Vehicle unlock in the 400 block of N Lake St
block of State St	11:25am	Car deer accident in the 400 block of State St

Tuesday, October 8, 2013

block of Boyne Av	7:49am	Assist State Police in the 1200 block of Boyne Av
block of W Michigan	1:09am	Report of injured deer in the 500 block of W Michigan
block of Boyne Av	3:35am	Arrested subject on warrant in the 1300 block of Boyne Av
Industrial Park	5:20am	Assist EMS in the Industrial Park
Spring vale Rd	9:59am	Assist Sheriff Dept on Spring vale Rd

Wednesday, October 9, 2013

1000 block of Boyne Av	10:26am	Report of possible CSC in the 1000 block of Boyne Av
Enforcement	11:18am	Report of suspicious solicitation call from the National Law Enforcement
..MemorialMemorial. Not fraud, but not local event.
12:50amReport of lost car keys
4:00amLost car keys reported in the

100 block of S Lake St	6:55am	Report of found bicycle. Returned to owner.
Little Traverse Bay Band Police	10:10am	Assist to Little Traverse Bay Band Police
E Division St	10:23am	Welfare check in the 400 block of E Division St

Thursday, October 10, 2013

block of State St	8:15am	Phone scam from the 300 block of State St
BCPD	9:38amFound ID turned into BCPD
block of Brown St	12:53am	Vehicle unlock in the 200 block of Brown St
block of S Park St	3:26amCivil custody issues
block of N Lake St	8:05am	Civil complaint in the 800 block of S Park St
block of E Division St	9:21am	Warrant arrest in the 300 block of N Lake St
block of E Division St	11:33am	Warrant arrest in the 300 block of E Division St

Friday, October 11, 2013

block of N East St	12:14am	Suspicious situation in the 600 block of N East St
Wenonah	8:43am	..Found bicycle in the cemetery.
Wenonah	8:59am	Found toddler in the 700 block of Wenonah. Parent located
Industrial Park	10:01am	2 vehicle private property damage accident in the 400 block of N Lake St
Industrial Park	10:08am	Report of possible truancy complaint.
Industrial Park	10:20am	2 vehicle property damage accident at Boyne Av and Brockway
Industrial Park	11:20am	2 vehicle private property damage accident in the 400 block of N Lake St
Industrial Park	1:29am	Assist to DHS in he 300 block

block of Silver St	1:49am	Report of lost keys
block of S Park St	9:07am	Suspicious vehicle in the 200 block of S Park St
block of Silver St	9:49am	Juvenile complaint in the 300 block of Silver St

Saturday, October 12, 2013

block of Boyne Falls	12:27am	Assist Sheriff Dept in Horton Bay
block of S Park St	6:56am	Assist Sheriff Dept in Boyne Falls
block of S Park St	2:00am	Attempted B&E in the 300 block of S Park St
block of S Park St	3:27am	Vehicle unlock in the 700 Line St
block of East and State Streets	3:43am	Report of dog running at large in the area of East and State Streets
Industrial Park	4:24am	Vehicle unlock in the Industrial Park
block of Lake shore Dr	7:24am	Suspicious situation in the 1400 block of Lake shore Dr
block of W Morgan St	8:45am	Fireworks complaint in the 100 block of W Morgan St
Report of stolen i Pad	11:40amReport of stolen i Pad

Sunday, October 13, 2013

coming into town on M-75 N	3:06am	Driving complaint received coming into town on M-75 N
Avalanche	3:46am	Suspicious vehicle at Avalanche
block of N Lake St	2:06am	Assist Sheriff Dept on suspicious vehicle
block of N Lake St	3:25am	Vehicle unlock in the in the 400 block of N Lake St
on Division and Pleasant	4:16am	Report of dogs running at large on Division and Pleasant

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LOCAL SENIOR CENTER CONTACT INFORMATION

Beaver Island Center:

Ann Partridge
26215 Main St, BI, 49782
231-448-2022

Boyne Area Senior Center:

Terri Powers
411 E. Division, PO Box 964
Boyne City, MI 49712
Phone: 231-582-6682

Charlevoix Senior Center:

Nona Jadwin
06906 Norwood Road
Charlevoix, MI 49720
Phone 231-547-5361

EJ Community Center

Brenda Skop
116 Main Street,
East Jordan, MI 49727,
Phone: 231-536-7831

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- Project Lifesaver
- Senior Hi-Lites Newsletter
- Tax Assistance
- Volunteer Opportunities

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November 13, 2013
December 3, 2013

at Boyne Area Senior Center
411 E. Division, Boyne City

Contact Terri Powers at 231-582-6682 to schedule an appointment



Benefits of Chair Yoga!

By Cheryl Jacobs

Chair Yoga can help both the younger and older generations improve their general physical fitness and overall health. People are fit when they can do physical activity with energy and a sense of well being.

This program can improve your ability to twist, bend and move around. While it does not

directly prepare you for intense physical activity, it enhances your ability to

keep up with your daily life and improves your basic fitness level.

A series of poses are used to increase flexibility and strength. After stretching, strengthening and breathing through chair poses, your body and mind can experience a release of stress and tension. A great way to start (or end) your day!

Chair Yoga classes are offered at the Charlevoix Senior Center on Tuesday mornings at 10:30am. Call (231) 547-5361 for more information.

SAVE THE DATES

Wednesday, Nov. 20th,
Thanksgiving Celebration!

Wednesday Dec. 18th,
Christmas Celebration!

DRIVERS NEEDED!

Charlevoix Senior Center is looking for volunteers to deliver Meals On Wheels to area seniors. Drivers usually deliver one or more days a week and it usually involves one to two hours in the late mornings. Volunteers are paid mileage and receive a free in house lunch. If inter-ested, please contact Nona Jadwin at 547-5361.

BOYNE AREA SENIOR CENTER ACTIVITIES

Thursday, October 24 Wii Bowling	Friday, October 25 Birthday Day! 11am-12pm Roger Hartson Raffle	Monday, October 28 Bingo	Tuesday, October 29 Brown-Bag Bingo	Wednesday, October 30 Halloween Party!! Adolf Swift Music	Thursday, October 31 Wii Bowling
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CHARLEVOIX SENIOR CENTER ACTIVITIES

Thursday, October 24 11am Chair Yoga Class 1pm Pinochle	Friday, October 25 9:30am Craft Class 1pm Rummy	Monday, October 28 1pm Wood Carving 7pm Bible Study	Tuesday, October 29 11am Chair Yoga Class 1pm Paint Class 1pm Rummy	Wednesday, October 30 Halloween Party!! 1pm Bingo	Thursday, October 31 Birthday Day! 11am Chair Yoga Class Adolph Cwik Music 1pm Pinochle
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EAST JORDAN SENIOR CENTER ACTIVITIES

Thursday, October 24 KARAOKE DAY	Friday, October 25 10am EXERCISE 11am Backwoods Maestros Bingo/ Raffle	Monday, October 28 8a-1p Walking M-F 10am EXERCISE	Tuesday, October 29 11am Line Dancing 12:30 Bingo	Wednesday, October 30 Halloween Party!! GAME DAY 10am EXERCISE	Thursday, October 31 KARAOKE DAY
--	---	---	--	--	--

CHARLEVOIX COUNTY SENIOR CENTER MENU

Thursday, October 24 VEAL PARMESAN	Friday, October 25 POLISH SAUSAGE	Monday, October 28 BAKED FISH	Tuesday, October 29 BAKED CHICKEN	Wednesday, October 30 BOILED HAM DINNER	Thursday, October 31 SLOPPY JOE W/ BUN
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News

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Ellsworth National Honor Society Induction



Sydney Sundelius, Sharnjeet Dhillon, Maddie Steinwyck and Tyler Drenth were inducted into the National Honour society Monday, October 21 at Ellsworth High school. Ellsworth has been honored with the prestigious "Winners Circle" award from the Michigan Association of School Administrators and is the only school in the district that experienced an increase in enrollment this year.

Student of the Week

Boyne City High School

Elizabeth Mansfield



GRADE: 9
PARENTS: Mike and Amy Mansfield
SCHOOL ACTIVITIES: Freshmen Volleyball Team, HMarching and Concert Band, Drama
HOBBIES & INTERESTS: Girl Scouts 10 years (current level: Senior), Reading, Playing softball, Photography, Art work and drawing, Downhill/Cross-Country Skiing, Spending time with friends & family

FUTURE PLANS/GOALS
 "I want to enjoy high school and all of the experiences that come with it. Graduate from High School with good grades. Go to college."

STAFF COMMENTS

"Elizabeth is doing a great job in US History & Geography! She is a very detail-oriented, conscientious student who takes pride in her work! Great job Elizabeth!" (Mrs. Deming US History Teacher)

"Elizabeth is a motivated, focused student who participates and is focused every day. Further, she is polite and always has a positive attitude." (Mr. Fritzsche, English Teacher)

"Elizabeth is such a smart and polite young lady! She is a great role model for other students and has quickly become one of the best marchers in the Rambler Marching Band." (Mr. Ivie, Band Teacher)

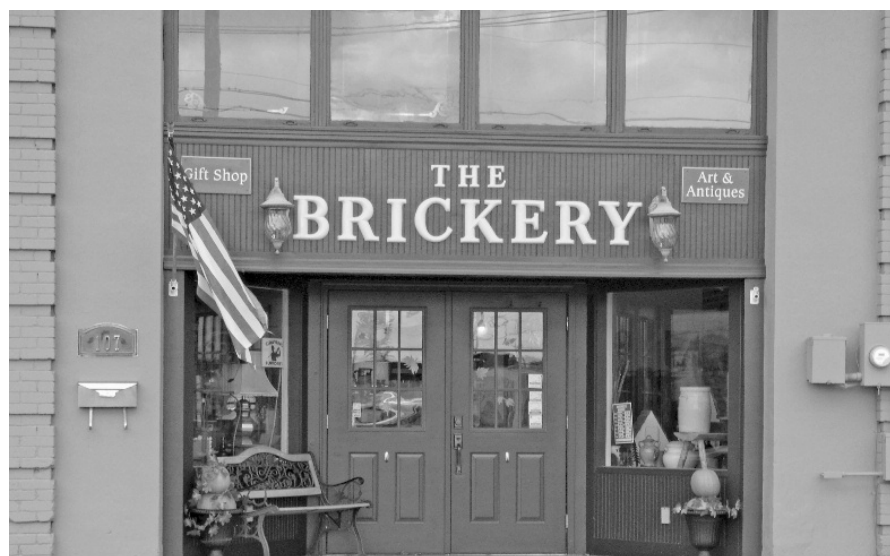
Antiques, Art, Consignment and New at The Brickery in Grayling

By Jim Akans

Shoppers in downtown Grayling will find two floors of treasures embracing a wide array of fascinating items at The Brickery. Established by Linda Nickert in June of 2007, items offered throughout the approximately 1,000 square feet of retail space in this historic building cover just about any interest or gift idea.

Nickert states, "We offer many items made by local crafters, Michigan-made products, lots of antiques, art, and more. We have new products and consignment items, gift items, scarves, hats and gloves, and we are beginning to offer salvage products so people can make their own crafts. Customers can spend an hour in our store and still not see it all."

The stately brick building that is now home to The Brickery was originally the International Order of Odd Fellows building, constructed in 1908. The downstairs held a theater that would put on plays for loggers and for Camp Grayling. The building has gone through many incarnations over the years, but shop-



pers at The Brickery can still see the original tin ceiling and hardwood floors.

Nickert recalls that the idea for her shop's name came from her daughter; "We were trying to think of a name. Since there are so many bricks both inside and out; the walls are three bricks thick, my daughter suggested calling it The Brickery."

It's the perfect name, reflecting so-

lidity and tradition; an apt representation of the enduring quality of the wide variety of items offered at The Brickery. The store, located at 107 Ottawa in downtown Grayling, is open Monday through Saturday from 10 am until 6 pm, and Sunday from 11 am to 3 pm. Visit www.thebrickery.com or call 989-348-8999 for additional information.



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Thursday, November 7th, 4-8PM
 Friday, November 8th, 10AM-6PM
 Saturday, November 9th, 10AM-4PM

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Northern Michigan Treasure Hunter's Guide to area antique, consignment, resale and thrift shops

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<p>BOYNE CITY Challenge Mountain Resale 1158 S. M-75, Boyne City 231-582-5711 www.challengemtn.org</p>	<p>CHARLEVOIX Kelly's Antiques & Furniture Barn 06176 Old US 31 S., Charlevoix 231-547-0133 www.dkellyantiques.com</p>	<p>ELLSWORTH Good Samaritan 9746 Main Street, Ellsworth 231-588-2208 thegoodsam.org</p>	<p>GAYLORD Goodwill Retail and Donation Center 1361 Pineview Dr. (near Lowes) Gaylord 989-705-1747 www.goodwillnmi.org</p>	<p>GRAYLING The-Brickery.com Two floors of treasures 107 Ottawa, Grayling, One block north of the light 989-348-8999</p>	<p>MANCELONA Mancelona Food Pantry & Resale Shop 201 N. Maple St., Mancelona 231-587-9606</p>
<p>BOYNE FALLS Peg's Closet 3031 Main St., Boyne Falls 231-675-2463 Proceeds benefit the Boyne Valley Food Pantry</p>	<p>EAST JORDAN Crossroads Resale Shop 205 Water Street., East Jordan 231-536-7606 Open Tuesday thru Saturday</p>	<p>FREDERIC Pineview Military Surplus 7328 Old 27 North, Frederic 989-348-8300</p>	<p>GAYLORD Great Rooms Quality Pre-Owned Furniture 148 W. Main St., Gaylord 989-745-5184 www.greatroomsgaylord.com</p>	<p>HARBOR SPRINGS New Beginnings Thrift Shop 650 W Conway Rd., Harbor Springs 231-348-2980</p>	<p>MIO Strawberry Patch Downtown Mio 989-826-1503</p>
<p>CHARLEVOIX Bergmann Center Resale Shop 8888 Ance Road, Charlevoix 231-547-9624 www.bergmanncenter.org</p>	<p>ELLSWORTH Good Samaritan Furniture & More Store 6517 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org</p>	<p>GAYLORD A-2-Z Resale 1829 Old 27 South, Gaylord 989-732-9500</p>	<p>Venus & Blue Jeans 340 West Main St., Gaylord 989-731-2600 www.venusandbluejeans.com</p>	<p>Habitat for Humanity Restore 8460 M-119., Harbor Springs 231-347-8440</p>	<p>PETOSKEY Challenge Mountain 2429 US31 North, Petoskey 231-348-3195 www.challengemtn.org</p>
<p>ANGELS AT WORK RESALE 1523 S Otsego Ave., Gaylord 989.448.8615</p>	<p>SALVATION ARMY FAMILY STORE 919 S. Otsego Ave., Gaylord 989-448-2357</p>	<p>HARBOR SPRINGS Last Chance Resale Store 8426 M-119, Harbor Plaza Harbor Springs MI 231 348 0800 lastchance.resale@yahoo.com</p>	<p>PETOSKEY Goodwill 1600 Anderson Rd., Petoskey 231-348-6947 www.goodwillnmi.org</p>	<p>GRAYLING Salvation Army Family Store 919 S. Otsego Ave., Gaylord 989-448-2357</p>	<p>GRAYLING Salvation Army Family Store 919 S. Otsego Ave., Gaylord 989-448-2357</p>

News Briefs

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

CHARLEVOIX

Hunters Banquet

Thursday, October 24 from 5:30 to 9:30pm. 11th Annual Hunters' Banquet sponsored by the Fr. Pierre Charlevoix Knights of Columbus Council 7172 to support the Charlevoix Food Pantry. Evening features a Whitel Brother Pig Roast-pig supplied by St. Mary's Cement and all the trimmings. Evening will center around an outstanding guest speaker, dinner, fun for all. Dinner tickets are \$15 per person. A separate raffle will be held for a \$1000 shopping spree at Jays Sporting Goods. Tickets are \$5 or 5 for \$20. Need not be present to win. \

EAST JORDAN

Pancake supper

Peninsula Grange Pancake Supper, Saturday, October 26 from 5PM - 7PM. Pancakes and Maple Syrup, Sausage, Beverage and Dessert. Donation: Adults \$6, Children 6-12 \$3, 5 & under free. Also, collecting canned food donations for Care & Share. The Grange is located at the corner of Looze Road and the South Advance Road

BOYNE CITY

Farmers market

Continues at Veterans Park from 8 to noon on Wednesdays and Saturdays through Oct. 30. On Nov. 2, the market moves indoors to the Red Barn next to the library on Park Street. The winter market continues every Saturday at that location from 9 a.m. to 1 p.m. through April. The market is now holding a Poinsettia Fundraiser. Order your holiday plants from the market and support their Winter Facility Plans. There are two delivery dates to choose from prior to Thanksgiving, Christmas or both. You can order a red, white or pink poinsettia in 6-7-8 inch pots with 1, 2 or 3 plants. Call 231-330-2704

CHARLEVOIX

Biz Breakfast

Please join us for a special Biz Breakfast at 7:30am on October 25th at Grey Gables. Receive transportation information and updates presented by members of the MDOT Board of Directors and MBA Board of Directors.

BOYNE CITY

Afro Latin Jazz
CalJE: Chicago Afro Latin Jazz Ensemble, is performing one of the best jazz events of the year. Crooked Tree Arts Center is presenting this dynamic and original jazz group at 8 pm on October 26th, at Boyne City Performing Arts Center. CalJE will be performing their global Latin sounds. To reserve seats visit www.crookedtree.org, or call 231.347.4337

BOYNE CITY

Candidates for Dog Park committee

The City of Boyne City is looking for interested people to further explore the concept of a dog park in Boyne City. The committee will research all aspects of the proposed project, seek public input and review information to make recommendations to appropriate city boards and commissions. Once a committee is formed, the members will tap into the community for volunteers to assist with research, fund-raising, public relations, construction volunteers and other talents that may be helpful in further exploration and implementation of this proposed project. Applications of interest to serve on the volunteer advisory committee are due by noon Monday, Oct. 28, and are available at the Charlevoix County Humane Society, City Hall

CHARLEVOIX

TEA workshops

9th - 12th grade girls and a female mentor, mother, grandmother, or female guardian are invited to attend. Technology Engineering Aptitude or TEA workshops offer female high school students a tremendous opportunity to complete hands-on activities and interact with an engineering

professional to learn about valuable, high-wage opportunities in the engineering industry! Charlevoix High School October 29 - 9 a.m. to 1 p.m.

PETOSKEY

Community Healthcare Enrollment

Community Healthcare Enrollment Drop In Sessions. Medicaid Outreach and Enrollment Specialists will be on site to provide information, answer questions, make appointments and assist in enrollment in the health insurance marketplace. Sessions are open to the general public. Tuesday, October 29 from 4 - 6:30 p.m. John and Marnie Demmer Wellness Pavilion and Dialysis Center, 820 Arlington Ave.

CHARLEVOIX

Spook swim

A Halloween Celebration at the Charlevoix Area Community Pool. Looking for something different this Halloween? Not trick or treating? Need somewhere to warm up after your goodie bag is full? Come to the Pool on Thursday, October 31st from 7-9 PM for some Halloween fun! Pizza, Punch, Tricks & Treats in our spooky lobby! Halloween music and "Glow Lights" on the Pool deck! Floating pumpkins in the Pool! \$5.00/person or \$20/family. For more information, call or email the Pool - 231.547.0982 or info@charlevoixpool.org.

EAST JORDAN

WANTED: PJ's

Accepting donations of new and gently used warm sleepwear for foster children in our immediate area. Thru October 31. Ages 4-16 years of age. Drop off sites will be Charlevoix State Bank, Sunnyside Up Tanning Salon, Presbyterian Church, Lighthouse Missionary Church.

BOYNE FALLS

Haunted house

The Nightmare takes place every Friday and Saturday in October from 7-10pm at Challenge Mountain Lodge, 2205 N. Springbrook Rd. Adults, \$10. Children 2 for \$5. Lots of scary stuff and family friendly.

BOYNE CITY

Halloween events

Halloween and the days leading up to it are full of fun and scary events in and around Boyne City. Trick-or-treat hours in the city are 5 to 8 p.m., and many businesses will participate. Cindi Malin, owner of Cindifranco's Cool Stuff, is organizing the fourth annual HALLOWEEN PARADE at 4:45 p.m. Thursday, Oct. 31. The line-up begins at 4:30 at the corner of Main and S. Lake Streets and the parade will proceed from Lake to Water to Park Street, ending at the Boyne District Library at the...

HAUNTED HOUSE - The Boyne City Firefighters Association will hold its free Haunted House at 5 p.m. Oct. 31 in the red barn next to the Boyne District Library on Park Street. Also nearby is the Trunk or Treat event at the Presbyterian Church.

NIGHTMARE AT CHALLENGE MOUNTAIN is a haunted house experience every Friday and Saturday in October from 7 to 10 p.m. at 2205 Springbrook Road, Boyne Falls. Admission is \$10 for adults and two children for \$5. Website. News-Review story.

ZIP OF TERROR - Boyne Mountain's adrenaline pumping Zip of Terror, as seen on the Travel Channel show "Halloween Craziest," takes flight this weekend, Oct. 18-19, and is again offered on Oct. 25-26. The Zip of Terror is an after dark self-guided tour of Boyne Mountain's 10 ziplines with plenty of spooks and thrills along the way. This year's theme is horror movies and features scenes that will make your skin crawl! Reservations are required and departures are offered every 30 minutes from 7 to 11 p.m. Call 231.549.7256 for reservations or visit BOYNE.com.

KIDS COSTUME PARTY - The ladies auxiliary of the Boyne City Eagles is hosting a children's Halloween Costume Party from 2 to 4 p.m. Sunday, Oct. 27, at the Eagles

Hall, 102 River St. There will be games and goodies along with the costume contest for ages baby through 12 with prizes for each age group. Those attending are asked to bring a nonperishable food item that will be donated to the local food pantry.

HALLOWEEN TOM-FOOLERY - Cafe Sante is hosting a costume contest on Halloween night. Gift cards for \$100, \$50 and \$25 will be awarded for the top three costumes; register between 5:30 and 6:30 p.m. with judging at 7. Also on tap: music by Sean Bielby and Adam Engelman from 5:30 to 9, Happy Time Zone drink and appetizer specials from 3 to 6 and all-you-can-eat mussels and fries all day long. Trick or treaters are welcome.

SPOOK SWIM - A Halloween Celebration at the Charlevoix Area Community Pool will be held from 7 to 9 p.m. on Oct. 31. It includes Pizza, Punch, Tricks & Treats in our spooky lobby, plus Halloween music and "Glow Lights" on the Pool deck. Floating pumpkins in the Pool. \$5/person or \$20/family. For information, call the pool at 231.547.0982.

DENTISTS OFFER CASH FOR CANDY - Trick-or-treaters can bring their excess candy to Progressive Dental Care in Boyne City from Nov. 1 to 8 and receive \$1 per pound. In cooperation with the Boyne City American Legion Post, candy will be shipped overseas to men and women serving in the military. Progressive Dental is located at 112 E. Main St., phone 231-582-6944.

CHARLEVOIX

Farmers Market Moves Indoors

The Charlevoix Farmers Market will move indoors at the Charlevoix Public Library every Thursday from 9am to 1pm. Stop in for bagels, maple syrup, scones, granola, preserves, veggies, pumpkins and more all grown and produced locally here in northern Michigan.

CHARLEVOIX

CNC certificate program

Baker College of Cadillac will be offering a CNC certificate program at the Charlevoix High School Advanced Manufacturing and Machining Lab in January, 2014. Questions can be directed to the Baker College Admissions office at 231-876-3119.

EAST JORDAN

East Jordan Remembers 2

A project is now underway to compile a second collection of historical remembrances of East Jordan. Tentative plans are to publish this second volume in spring 2014 in the form of an interesting and educational book that would be illustrated with many photos. The committee coordinating this project is currently soliciting stories and photos for the book and has issued an open invitation to anyone who would like to contribute. Of particular interest is the Tourist Park/Camp and Sportsman's Park; Charlevoix Co. Fairgrounds; the pickle, cigar and gum factories; Cannors independent basketball team; and East Jordan Airport. The deadline for all stories and photos is November 1. Stories and photos can be sent to East Jordan Historical Society, PO Box 1355, East Jordan MI 49727. Questions can be referred to Agnes Clark, chairperson, 231-536-2163.

CHARLEVOIX

Family Music Day

Saturday, Nov., 2, 1:00-5:00pm. \$5 per person/\$15 family. Instrument-making & beginner ukulele lessons. At the Circle of Arts

EAST JORDAN

Princess for a Day

Father - Daughter Dinner & Dance Saturday, November 2nd, 5 - 8pm at the East Jordan Civic Center. Join us for an evening of dinner, dancing, and fun for Elementary School - aged girls and their favorite guys. Ticket includes dinner, party favor, and a photo. Tickets: \$20 per couple \$25 per family. Tickets are available in the Co-op Nursery classroom at East Jordan Elementary School. For questions or to arrange to purchase tickets, please call Jen at (231) 881-1455

PETOSKEY

Food and Farming roundtable

North Central Michigan College is offering a half-day conference for farmers, food producers, restaurateurs and local food lovers on Saturday, November 2. The roundtable will be in the Student Center Cafeteria on the Petoskey campus from 9am - 1pm. Tickets are \$15 per family or \$10 for an individual in advance or \$20 at the door. For tickets or information, please see www.ncmich.edu/cce or call 231-348-6708 or 231-348-6705.

CHARLEVOIX

Registration Is Open for the Christmas Parade

Show your holiday spirit and community cheer by entering the 3rd Annual Holiday Parade. The parade will be held on Friday, November 29th beginning at 5:30pm on Bridge Street in downtown. The parade is a welcome addition to Charlevoix's Annual Community Tree Lighting festivities which run the same day from 3 to 6pm. Tree Lighting activities include ornament making and free photos with Santa at the North Pole (located at the Charlevoix Circle of Arts), cookies, cocoa, and yuletide cheer. Contact the Chamber for details at ferguson@charlevoix.org.

CHARLEVOIX

Sight in Days

Saturday November 2nd and Sunday November 3rd, along with the following Saturday, November 9th and November 10th, the Rod & Gun Club will have sight in days. Hours will be 9am to 3pm. For members and non members, the cost will be \$5 per firearm. This is a fund raiser for the rifle committee to help offset some of the cost for replacement of the backstops. Anyone with a couple of hours to assist in sight in days, please contact Fred Parsons at 231-347-3529 or on his cell 231-675-3529 or email fparsons@chartermi.net.

MICHIGAN

Daylight Savings Time Ends on Nov. 3. Fall Back One Hour

PETOSKEY

Health event

McLaren Northern Michigan will host its Autumn Health Event on Tuesday, November 5. The event will be held from 4:30 to 7 p.m. at the John and Marnie Demmer Wellness Pavilion and Dialysis Center, 820 Arlington Avenue, Petoskey. Exhibits and demonstrations include chair massages, healthy eating and menu choices, wellness services, weight loss, bariatric surgery, heart and vascular services, diabetes management, and home health care options. This event is free. Health screenings will also be available the evening of November 5th for \$10. Screenings include a finger poke for total cholesterol and glucose levels, blood pressure, pulse, height, weight, body mass index (BMI), and a brief educational consult. Availability is limited for screenings, and registration is required by calling (800) 248-6777.

BOYNE CITY

Leaf pickup

The City will pick up leaves Mondays and Fridays through November 8. Please

set bagged leaves curbside anytime after the first day of pick up, in clearly marked biodegradable paper bags. City crews will pick up bags as time allows. If your bags have been out for an extended period of time and have not been collected, please notify City Hall at 582-6597.

PETOSKEY

Fashion show

The Petoskey chapter of Zonta International invites the public to their 41st annual Fashion Show on Saturday, November 9 from 11am to 2pm in the Ovation Room at Odawa Casino Resort. Tickets are \$50 each and tables are available in 8-tops and 10-tops. Tickets are already selling fast. Make your reservations online by visiting <https://zonta41fashionshow.eventbrite.com> or calling Kathy Bardins at 231-487-1188 or email her at kbardins@winternet.com.

GAYLORD

Sight in

Northland Sportsmen's Club annual deer season sight in November 9, 9am - 5pm and Nov. 14, 9am - 1pm. Targets, spotting scopes, sand bags provided. Covered firing line. Open regardless of weather. Cost \$5 per firearm. The rifle range is located at the Northland Sportsmen's Club on Old Alba Road, just off Otsego Lake Drive.

CHARLEVOIX

Songwriter Workshop

With John D. Lamb Saturday, November 30, 2:00-4:00pm, \$45. Register by November 9. At the Circle of Arts

EAST JORDAN

Gun raffle

The East Jordan Lions Club will be holding their Gun Raffle again this year. 1st Prize is a Remington 783 -.270 and 2nd Prize is a Remington 783-30.06. Buy Tickets at East Jordan True Value, Bruce's Barbershop, Parts Plus, EJ or from any Lions Club Member. Tickets \$5 each or 3 for \$10. Drawing to be held November 11

BOYNE CITY

Buck Pole Contest

Boyne Co-op True Value will be holding its third annual Buck Pole Contest Nov. 15 and 16. Register by 5:30 p.m. Nov. 14, at the Co-op, 113 S. Park St., Boyne City. The registration fee is \$20, and there will be more than \$3,000 in prizes for the top two scores for men, women and youth plus the top overall score. Three shoulder mounts valued at \$525 are being donated by Lasting Memories, Northwoods Taxidermy and Ultimate Wildlife Taxidermy. Judging will be from 5:30 to 7 p.m. Nov. 15 and 16. The Co-op is donating 25% of the proceeds to local charities. Free hot dogs, chili and beverages will be served from 5 to 7 p.m. on Nov. 15 and 16. Call (231) 582-9971 for

more information or to become a sponsor by donating prizes, advertising, food, beverages or cash.

BOYNE CITY

Turkey Trot

The Kiwanis Club of Boyne City is organizing Boyne City's third annual Turkey Trot 5K race and 1-mile fun run/walk to be held at 9 a.m. Thanksgiving morning, Nov. 28. The race will begin and end at Veterans Park. Entry fee, including a T-shirt is \$20 in advance or \$25 on the day of the event. Family entry fee is \$40 in advance or \$50 on the day of the event, including two T-shirts. A T-shirt is guaranteed if entry form is received by Nov. 16. Extra shirts are \$10. Chip timing by Superior Timing will be offered for the first time this year. Packet pick-up will be 3 to 7 p.m. Nov. 27 at the Edward Jones office, 101 S Lake St. For further information contact Ruth Skop at 231-881-0945 or Gayle Harbaugh at 231-675-5725. Entrants are asked to bring a nonperishable food item that will be donated to the Boyne area food pantries.

CHARLEVOIX

Call for entries

Milagros exhibit entry deadline November 19. Artists are invited to submit artwork that reflects this theme for consideration, Members of the Charlevoix Circle of Arts may submit up to five pieces; non-members may submit up to two pieces. Call the Charlevoix Circle of Arts at 231-547-3554 or contact Kathie Briggs with any questions. E-mail Kathie at kathie@kathiebriggs.com.

CHARLEVOIX

Holly Daze

The plans for Holly Daze 2013 are well underway and another great holiday event is in the making for Friday, December 6. The well-known Friday evening event will once again be hosted at charming Castle Farms with its popular silent and live auctions of amazing items. Space is limited; please contact Faye Parrish at 231-547-8501 to purchase your tickets.

EMMET/CHX COUNTY

Student artwork

Crooked Tree Arts Center is looking for a student artist to feature for this year's New Year's Eve at the Arts Center. Entry is open to all students in Charlevoix and Emmet counties, and the entry deadline is November 11. The selected artist will receive a \$50 gift certificate for art supplies and will be featured in CTAC's newsletter. For further information please contact Crooked Tree Arts Center, 347-4337. Students may download a call for entry form on CTAC's website and view the previous winners work at www.crookedtree.org.

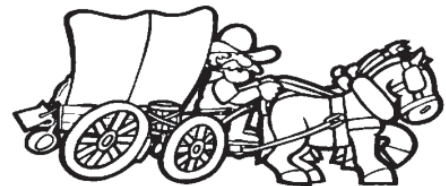
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Family Farm & Home
Charlevoix County News
Gardon Food Service
Bolt Farms

Riders, watch for next year's date!!!!

Health & Wellness

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Dave Kring Chevrolet – Cadillac helps serve over 2,000 Meals!



Dave Kring Chevrolet – Cadillac donated over 770 pounds of beef and pork to the Manna Food Project to help local food pantries feed families in need. All the meat was purchased by Dave Kring Chevrolet – Cadillac from local 4-H students at this year's Livestock Auction that was held at the Emmet/Charlevoix Fair in August. Pictured (left to right) Matt Kring, Jeff Kring, Dave Kring, Betty Jane Johnson from the First Christian Church Pantry, Deb Noblett Executive Director of the Manna Food Project, Ruth Milks manager of Manna pantry and the backpack program, George Willard from Brother Dan's Food Pantry and Michael Walker from the Nehemiah House. This annual donation follows a tradition that was begun by the former Chevrolet-Cadillac dealer, Budd Tallberg who helped in establishing the Manna Food Pantry over 25 years ago.

Autumn event puts focus on health

PETOSKEY - McLaren Northern Michigan will host its Autumn Health Event on Tuesday, November 5, 2013. The event will be held from 4:30 to 7 p.m. at the John and Marnie Demmer Wellness Pavilion and Dialysis Center, 820 Arlington Avenue, Petoskey. Exhibits and demonstrations include chair massages, healthy eating and menu choices, wellness services, weight loss, bariatric surgery, heart and vascular services, diabetes management, and home health care options.

Visitors will have the opportunity to converse one-on-one with clinicians. Expert presenters include Randal S. Baker, MD, FACS, who will discuss medical weight management and bariatric surgery and Laurie A. Kane, MD, speaking about diabetes.

"This is a great opportunity for area residents to come together for a wide range of topics related to health and wellness," says Tanya A. Janes, BS, CHES, McLaren Northern Michigan Health and Wellness Education Specialist. "Knowledge is the key com-

ponent to taking charge of one's health." In addition to event activities, attendees will have the opportunity to tour the Demmer Wellness Pavilion. "Often, area residents don't realize all that we have to offer until they visit our facility," Janes adds. Throughout the autumn and winter season, for example, aquatic therapy, fitness programs, support groups, and exercise classes are just a few of the programs open to the public.

Health screenings will also be available the evening of November 5th for \$10. Screenings include a finger poke for total cholesterol and glucose levels, blood pressure, pulse, height, weight, body mass index (BMI), and a brief educational consult. Availability is limited for screenings, and registration is required by calling (800) 248-6777.

The Autumn Health Event is free of charge and no registration is required to attend. For more information about this and other health-related events, visit northernhealth.org or call (800) 248-6777.

Health Department encourages Northwest Michigan to prepare for flu season

With H3N2, H1N1 and other influenza threats on tap for the 2013-2014 flu season, the Health Department of Northwest Michigan is helping communities prepare by offering flu vaccines to local residents. It is also working with local schools and community partners to provide flu shot clinics throughout the area. Visit the Health Department's Web site at www.nwhealth.org, or on Facebook at www.facebook.com/nwhealthdepartment, for flu clinic locations and schedules, or call (800) 432-4121.

The Health Department is also making special efforts to educate the public about universal flu recommendations. According to Joshua Meyerson, M.D., Medical Director for the Health Department, annual vaccination is the single best way to protect against the flu, and it is recommended that everyone six (6) months of age and older receive a seasonal flu vaccine.

"Vaccination can prevent serious illness and save lives, especially among young children and older adults," Meyerson said. "Everyone should be vaccinated, to prevent the spread of illness."

The Health Department has vaccine in stock, and appointments are available for flu shots and other vaccines at its offices in Bellaire, Mancelona, Charlevoix, Petoskey/Harbor Springs and Gaylord, as well as at

local schools and businesses, including several in Elk Rapids, Gaylord, East Jordan and Petoskey. Cost for seasonal flu vaccination is \$25. Medicaid and Medicare are accepted, as well as private insurance, or clients may pay by cash or check. Call the Health Department at (800) 432-4121 to schedule an appointment. You can also visit www.nwhealth.org or www.facebook.com/nwhealthdepartment for details on flu clinics being offered at a school or business in your area.

Flu vaccinations offer protection throughout the entire flu season, which can begin as early as October and last as late as May. There are two types of flu vaccines: the flu shot, approved for use in people six (6) months of age and older, including healthy people, people with chronic medical conditions and pregnant women; and the nasal-spray flu vaccine, approved for use in healthy people from 2-49 years of age who are not pregnant.

The Health Department of Northwest Michigan is mandated by the Michigan Public Health Code to promote wellness, prevent disease, provide quality healthcare, address health problems of vulnerable populations, and protect the environment for the residents and visitors of Antrim, Charlevoix, Emmet, and Otsego Counties.

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Health & Wellness

Third annual "Blue Sky Girls" event helps raise awareness of Rett Syndrome

By Jim Akans

October is national Rett Syndrome Awareness Month, and to commemorate this occasion and help build awareness of this unique neuro-developmental disorder, a 3rd annual "Blue Sky Girls" event was held. Girls afflicted by Rett Syndrome gathered in locations across the globe and try to climb stairs to raise awareness about this terrible disease. Climbing stairs is a symbolic gesture, because climbing takes one upward and forward even if it is difficult to do. Here in Michigan, this event took place on the steps of the Capitol building in Lansing on Saturday, October 12th.

Naomi Parish, a ten-year-old former Gaylord resident is among those who have Rett Syndrome. Every two hours a girl is born with Rett Syndrome. Symptoms of the disease typically

begin to appear at between 6 and 18 months of age, and include losing the ability to speak, walk, and purposeful use of the hands. As the child grows older symptoms can escalate to include seizures, irregular breathing, disturbed sleep patterns and more.

A parent with a Rett Syndrome child stated, "Imagine your daughter walking and talking like a typical 12 - 18 month old. Then she loses her ability to talk and walk; loses purposeful hand use and has seizures. Imagine a parent's struggle to realize that dreams of college, marriage and independence are gone and replaced with hospital trips and 24 hour care...That's what Rett syndrome does."

The good news is that researchers, funded by the International Rett Syndrome Foundation, are beginning to make progress in the treatment



Ten-year-old Naomi Parish, who is afflicted with Rett Syndrome, now has a new eye gaze generated computer she uses at home and for school that greatly assists her in expressing herself. COURTESY PHOTO

of and ultimately toward a cure for this disease. Fourteen years ago, a genetic link to Rett Syndrome was found, and re-

searchers are continuing to unravel the mystery as to why a mutation in this gene causes Rett Syndrome.

The 2013 Nobel Prize co-winners in medicine, James E. Rothman, Randy W. Schekman and Thomas C. Sudhof, have made discoveries in the regulation of vesicle traffic (a cell transportation system). This new understanding of how nerve cells communicate could open new therapies for treating neurological disorders such as Rett Syndrome.

Rett Syndrome affects about one in every ten to fifteen thousand female births. The International Rett Syndrome Foundation continues to make strides toward both the reversal of Rett Syndrome symptoms, treatments, and they are gaining momentum toward a cure for this devastating disease. To learn more about Rett Syndrome, the "Blue Sky Girls", and to find out how to donate to this research, visit www.rett Syndrome.org.

Living with Seasonal Affective Disorder

By Deb Hagen-Foley

Seasonal affective disorder, SAD, is a form of depression that occurs most frequently in the fall and winter months. Symptoms are similar to other forms of depression and typically begin in late fall or early winter and subside in the spring and summer. Symptoms include: hopelessness, loss of energy, social withdrawal, difficulty concentrating, weight gain and appetite changes - particularly craving foods high in carbohydrates, loss of interest in previously enjoyed activities and excessive desire for sleep. A reduction in serotonin and melatonin levels, related to a reduction in sunlight and the change of seasons, may contribute to SAD. The reduced level of sunlight may result in a disruption of the circadian rhythm, the biological clock.

Lisa O'Keefe first realized she had SAD as a teenager. "I despised winter, I detested the cold, and I would get just...well, sad." She wasn't diagnosed for some time later. "I must've been 30 when my doctor asked me if I knew what SAD was, and tried to talk me into getting a special lamp to help keep me from getting so depressed in the Wisconsin Winters. He said, 'If I could write you a prescription to go to Hawaii every January, I would!'" Lisa begins to experience SAD in



Watching kids having fun helps make winter more bearable for Lisa O'Keefe. Pictured here are Lisa's daughter Tali, age 7, and nieces Elli and Ava, age 5. Photo by Lisa O'Keefe

mid-October. "The dark, gloomy feeling lifts during Thanksgiving, then waxes and wanes through Christmas, and by January, it's pretty much made itself at home until March or April."

Common treatments for SAD include light therapy, exercise, and various supplements. Light therapy involves sitting a few feet away from a light therapy box. The light mimics outdoor light and seems to change brain chemicals related to mood. It may also be helpful to make your environment brighter by opening blinds and sitting close to windows. Getting outside, even on cold or cloudy days, can help relieve symptoms of SAD. Outdoor light appears to be most beneficial within two hours of getting up in the morning. Regular exercise

helps to relieve stress and anxiety, which can contribute to SAD symptoms. Yoga, acupuncture, meditation and massage therapy may also be beneficial. Supplements used to treat SAD include: melatonin, St. John's wort, SAME and Omega-3 fatty acids. Check with your doctor before trying these supplements as they may interact with prescription medications.

Lisa has found other treatments beneficial in her annual experience with SAD. She explains, "I don't have a sun lamp, yet. I write myself silly post-it notes that I put on the bathroom mirror, like "Only 3 more months 'til flowers bloom!" and "winter boots are so cute!" And I started finding things to appreciate about winter, like taking pictures

of the kids building snowmen, and how I love the sight of the snow glittering in the sun. I bought myself some heavy-duty cold gear to keep myself from getting that icky chill that won't leave my body 'til I'm in bed at night for at least an hour or two."

She continues, "I take vitamin D and drink ginseng tea with cinnamon and honey every day. Traditional Chinese medicine talks about the warming properties of ginseng...I'm not sure if it helps, but it's a comfort to me, so I do it. I bake breads, homemade soups, and I make myself bundle up and go outside and play in the snow with the kids at least twice a week. I make Pinterest boards about places I'd like to visit in the winter, like Hawaii, California, Saint John Virgin Island, et cetera, and I do a little Ayurvedic warming self-massage every morning before yoga and the start of my day. I use coconut oil with arnica and cinnamon in it, which helps me get the cold ache out of my muscles and joints, and is good for circulation. Most people don't take the time to do nice things for themselves like that."

"My day is always better when I take the time to prevent or slow the onset of the aches I get when it's cold," Lisa observes. "I also have an obnoxious, zebra-patterned electric blanket that I LOVE in the winter. I read good books. I call or visit friends who

always make me laugh. Make organic pumpkin spice cocoa. It's amazing I don't get fat every winter."

Her attitude toward SAD is, "Don't Give In. I try and find reasons to be happy every day, and show myself a little kindness rather than frustration because I can't just "shake off" the sadness sometimes. We as human beings tend to make enemies of things like pain and sadness, and we try to reject them rather than learn to live with them, to figure out what helps us cope with the feelings. Maybe if we realize that everyone experiences them to varying degrees, for umpteenth reasons. The sad feelings are a part of us; maybe we can become more likely to let some love into this not-so-happy part of us, too. It's still "us," after all, and we are all loveable."

In addition to dealing with SAD, Lisa continues her recovery from a serious car accident. She was critically injured in 2005 when a drunk-driver ran a stop sign, struck her vehicle, and fled the scene. She writes about her experiences and insights. Her amazing writing is deeply thoughtful and personal. If you want to learn more about how she continues to find beauty and appreciate life, read her blog at: Angelsavedme@blogspot.com.

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Arts & Events

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Michigan Melody Exhibit features musical instruments and history of music

“Michigan Melody” Exhibit features art by Jeannie Putman at Charlevoix Circle of Arts

An exhibit Celebrating Instrument Makers of Michigan and the Joy of Music through Fine Art. Now through November 30, 2013. Gallery Open 12:00 to 4:00 pm Monday through Sunday.

Please call 231.547.3554 or check our website at for additional information. This is a unique and magical exhibition. One show you do not want to miss.

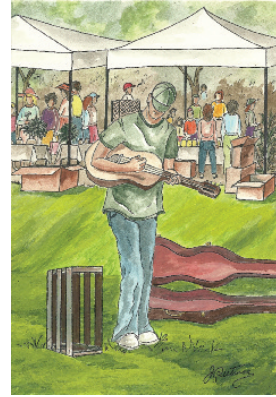
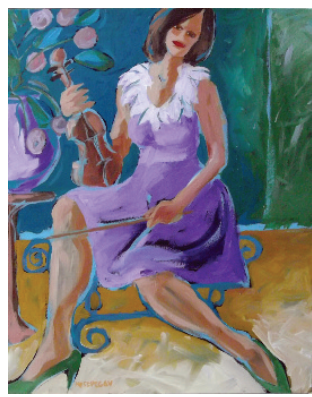
There are numerous displays from many local artists. Artist Jeannie Putman shares her wonderful talent at the “Michigan Melody” exhibit at the

Charlevoix Circle of Arts. Show is “An Exhibit Celebrating Instrument Makers of Michigan and the Joy of Music through Fine Art through November 30, 2013. The Gallery is located at 109 Clinton Street and is open each day from 12 Noon to 4:00 pm.

This exhibit is funded by a grant from the Charlevoix County Community Foundation and Friends. Please join us and call if you would like to bring a group to see this unique and magical exhibit. Check out their website at or call 231.547.3554 for additional information. Classes available.



ABOVE: Jeannie Putman displays one of her fine art pieces



Baroque music

From Wikipedia, the free encyclopedia

Baroque music is a style of Western art music composed from approximately 1600 to 1750. This era follows the Renaissance, and was followed in turn by the Classical era. The word “baroque” comes from the Portuguese word barroco, meaning misshapen pearl, a negative description of the ornate and

heavily ornamented music of this period. Later, the name came to apply also to the architecture of the same period.

Baroque music forms a major portion of the “classical music” canon, being widely studied, performed, and listened to. Composers of the Baroque era include Johann Sebastian Bach, George Frideric Handel, Alessandro

Scarlatti, Domenico Scarlatti, Antonio Vivaldi, Georg Philipp Telemann, Jean-Baptiste Lully, Arcangelo Corelli, François Couperin, Denis Gaultier, Claudio Monteverdi, Jean-Philippe Rameau, Johann Pachelbel, and Henry Purcell.

The Baroque period saw the creation of tonality. During the period, composers and performers used more

elaborate musical ornamentation, made changes in musical notation, and developed new instrumental playing techniques. Baroque music expanded the size, range, and complexity of instrumental performance, and also established opera, cantata, oratorio, concerto, and sonata as musical genres. Many musical terms and concepts from this era are still in use today.

The Unidentified Banjo Player

From the Wellcome Library, London “Described as follows by Jim Bollman, The Music Emporium, Lexington, Mass., in an e-mail to the Wellcome Library on 12 February 2001: “It is quite simply one of the most powerful 19th century banjo images that I’ve seen. ... Obviously it’s a studio portrait but unless someone could identify the painted backdrop it’s practically impossible to name the studio and thus ascertain the location. My suspicion is that it’s American (the rustic chair is typical of Adirondack stick furniture). If the flag or pennant attached to the chair were more visible that could give us additional clues. I frankly don’t know what to make of the rag dolls on the chair. Perhaps he made them himself and “hawked” them as a street peddler. What I can tell you is that the fretless banjo is typical of



the period 1850-1860s with scoop-neck, about 6 sets of hooks and nuts, “vertical” fifth peg, etc. The decoration in the fingerboard and matching tail-piece is unusual but not unique for the period (they do mark the fret positions on the board). I can’t tell from the photo if the instrument has flush or scribed frets on the board or simply has the rectangular inlays to show the relative positions. It is simply conjecture but he could be a veteran amputee (American Civil War) who either had an act (stage or street) playing the banjo and using the rag dolls”

Charlevoix Area Hospital Foundation decks the halls for its annual holiday fundraiser.

Fall is in the air but sounds of jingle bells are already ringing at the Charlevoix Area Hospital Foundation. The plans for Holly Daze 2013 are well underway and another great holiday event is in the making for Friday, December 6, 2013. The well-known

Friday evening event will once again be hosted at charming Castle Farms with its popular silent and live auctions of amazing items.

This holiday tradition is a night you don’t want to miss! This year’s theme for the event,

“Twas the Night before Christmas,” will offer a fun and festive atmosphere and a wonderful way to kick off the holiday season!

Proceeds from this year’s event will allow the Charlevoix Area Hospital to acquire the lat-

est in imaging technology. This advancement will improve access to medical images, shortening the time for diagnosis and increasing the efficiency of the overall health care delivery process. Join the celebration in support of the Charlevoix Area

Hospital – Hometown Health Care, World-Class Caring. Space is limited; please contact Faye Parrish at 231-547-8501 to purchase your tickets to Holly Daze, the holiday event of the season!

Charlevoix Circle of Arts Presents

Michigan Melody

October 12-November 30

Instruments Crafted by 16 Michigan Artisans and Fine Art Celebrating Music

Please join us on Saturday, October 26 from 1:00 to 5 pm as Seven of Michigan's top instrument makers tell you about their instrument and play each one for you.

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Family Music Day & Instrument Making Workshop
Saturday, November 2
Songwriter Workshop & Concert with John D. Lamb
Saturday, November 30

This exhibit is partially funded by a grant from the Charlevoix County Community Foundation and Friends
231.547.3554 • www.charlevoixcircle.org

Farm to Frame Coffee Tuesday

PETOSKEY - Photographic inspiration and ‘behind-the-scenes’ making of the Farm to Frame: Good Food, Good Neighbors photo contest and exhibit will be shared at 10 am October 29th, during Crooked Tree Arts Center’s popular Coffee @ 10 lecture series. The talk will take place in the Edith Gilbert Gallery; the exhibit is located in the Atrium Gallery, lower level of the Arts Center.

Born of the desire to promote greater awareness of the benefits of local farming and locally-grown food, this juried exhibition showcases the beauty of small farms and local food through three different stages of food production:

- ☐ local food production “from the farm”
- ☐ local food sales “from the market”
- ☐ local food preparation and presentation “from the table”

Patrons can take a few minutes after the talk to view the exhibit and cast their ballot for this year’s Sweetgrass Framing “People’s Choice Award.” The exhibit will be on display through December 16th.

Join the jurors and award winners of the 2nd Annual ‘Farm to Frame’ contest at 10:00 am, Tuesday October 29th, in the Edith Gilbert Gallery at Crooked Tree Arts Center. The event is free and open to the public and sponsored in part by Roast and Toast.

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News

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Local Farm offers free and subsidized food to low-income families

A community-centered farm, a Michigan association, and an independent band join together to call attention to food insecurity in northern Michigan, celebrating healthy and affordable food for all.

EAST JORDAN – This winter, scores of families will participate in a new four-season Community Supported Agriculture (CSA) program offered by Bluestem Farm. After paying a membership fee up front, member families receive regular disbursements of food. Only some of them will not be paying for the food at all, and some of them will receive food at a deep discount.

“As farmers, we of course believe in the importance of good food and see ourselves as an important piece of the local food system, especially in winter when sourcing local food can be really hard,” Mary Brower, owner of Bluestem Farm, said, “but we aware that food like ours can cost more, which puts it out of the price range of many households.”

So Aaron and Mary Brower decided to help change that. For several months now their farm has been able to accept SNAP/EBT payments. Now, with the help of the Michigan State University Center for Regional Food Systems’ Hoophouses for Health program, they are launching a new endeavor to reach many more low-income families.

The Center for Regional Food Systems recently awarded a zero-interest loan to the Browsers to build a hoophouse, or unheated greenhouse, at Bluestem Farm. The farmers will pay the loan back by giving food to low-income families whose children participate in the Head Start program.

“The purpose of the program



Aaron Brower and family building the Hoophouse

is to introduce vulnerable families to local farmers markets and to provide these families with the resources they need to become loyal, repeat customers,” Dru Montri, MIFMA director and program partner, said. “Hoophouses for Health also puts working capital into the hands of farmers who use it to build hoophouses, which

extend the growing season, and allow Michigan farmers to grow cold-tolerant vegetables throughout the winter months.”

Noticing that Bluestem Farm reaches out to food-insecure families, East Jordan-based independent band Breathe Owl Breathe also approached the farm about throwing a benefit

concert in support of a separate new program, the farm’s Help Others Eat Well Fund, which offers a subsidized price structure for people who wouldn’t normally be able to afford to buy local, farm-grown food.

To learn more about Bluestem Farm or its food assistance programs, visit . For more informa-

tion on the November 8th Breathe Owl Breathe benefit concert, which also supports the work of local non-profit the Institute for Sustainable Living, Art & Natural Design (ISLAND), visit . For more information about Hoophouses for Health, visit .

Emergency food and shelter grants available

Charlevoix County has been awarded \$14,172 and Emmet County has been awarded \$21,938 in Federal funds under the Emergency Food and Shelter National Board Program. These funds will be distributed by a Local Board and are used to supplement emergency food and shelter programs in these counties through March 31, 2014.

The award was made by a National Board that is chaired by the Federal Emergency Management Agency and consists of representatives from the Salvation Army; American Red Cross; United Jewish Communities; Catholic Charities, USA; National Council of the Churches of Christ in the USA; and, United Way of America. The Local Board was charged to distribute funds appropriated by Congress to

help expand the capacity of food and shelter programs in high-need areas around the country.

The Local Board is chaired by United Way and includes representatives from the Salvation Army, American Red Cross, Temple B’Nai Israel, Catholic Human Services, Emmanuel Episcopal Church, the Little Traverse Bay Band of Odawa Indians, governmental representatives from both Counties, the Department of Human Services, both Community Foundations, and the Northwest MI Community Action Agency. This board will determine how the funds are will be distributed among the emergency food and shelter programs run by local service agencies in Charlevoix and Emmet Counties.

Under the terms of the grant from

the National Board, local agencies chosen to receive funds must: 1) be private voluntary non-profits or units of government, 2) have an accounting system, 3) practice nondiscrimination, 4) have demonstrated the capability to deliver emergency food and/or shelter programs, and 5) if they are a private voluntary organization, they must have a voluntary board. Qualifying agencies are urged to apply.

Emergency Food and Shelter funds were awarded to the following agencies last year: the Women’s Resource Center, the Salvation Army, the Manna Food Project, St. Francis Church, Brother Dan’s Food Pantry, Boyne Valley Food Pantry, East Jordan Care and Share, and Good Samaritan Family Services.

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